

## Quiz

Working together in groups of 2 or 3, answer as many of the questions as you can. Use the book to answer any questions you can't answer.

1. Who initially developed the ideas that became known as attachment theory? What theories were drawn on and what are some of the basic ideas that underlie attachment theory?
2. Who first came up with the notion that there were patterns of attachment?
3. What's the name of the three main patterns and what sort of caregiving environment does each develop in? *Nb. Think predictability and attunement....*
4. From an attachment perspective, two sorts of information are crucial to safety and reproduction? What are they?
5. How do the different patterns of attachment vary in terms of information processing?
6. What does the DMM stand for?
7. Can you name some of the main differences between the ABCD model of attachment and the DMM? What are some of the advantages of the DMM as a theoretical framework?